

# **8 Weeks To Vibrant Health: A Take Charge Plan For Women [Kindle Edition] By Hyla Cass M.D.;Kathleen Barnes**

**By Hyla Cass M.D.;Kathleen Barnes**

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<http://www.alternativementalhealth.com/ezine/alternative-mental-health-news-no-56/>

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**ISSUU - Natural Awakenings of the NY Capital -**

(NY Capital District Edition). Upload; Kathleen Barnes is a natural health advocate, author and publisher. 8 Weeks to Vibrant Health: A Take Charge Plan for [http://issuu.com/albanyawakenings/docs/alb\\_1014](http://issuu.com/albanyawakenings/docs/alb_1014)

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**Cass M D Hyla - AbeBooks -**

Cass M.D., Hyla. Published by 8 Weeks to Vibrant Health: A Take-charge Plan for Women to Correct Imbalances, Reclaim Energy and Re. Hyla Cass M.D & Kathleen Barnes. <http://www.abebooks.com/book-search/author/cass-m-d-hyla/>

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Women's Health: Feel Great: 8 Weeks to Vibrant Health Basics for Women <http://www.healthy.net/scr/Article.aspx?Id=8161>

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8 weeks to vibrant health : A woman's take-charge program to correct imbalances, Cass, Hyla. Barnes, Kathleen McGraw-Hill Professional Women's Health--Popular  
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