

# **8 Weeks To Vibrant Health: A Take Charge Plan For Women [Kindle Edition] By Hyla Cass M.D.;Kathleen Barnes**

**By Hyla Cass M.D.;Kathleen Barnes**

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<http://www.rxfromthegarden.com/about-the-author.php>

**Ezine Archive - Alternative Mental Health News, -**

8 Weeks to Vibrant Health by Hyla Cass. 8 Weeks to Vibrant Health A Woman s Take-Charge Cass, working with Woman s World columnist Kathleen Barnes

<http://www.alternativementalhealth.com/ezine/alternative-mental-health-news-no-56/>

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(NY Capital District Edition). Upload; Kathleen Barnes is a natural health advocate, author and publisher. 8 Weeks to Vibrant Health: A Take Charge Plan for

[http://issuu.com/albanyawakenings/docs/alb\\_1014](http://issuu.com/albanyawakenings/docs/alb_1014)

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**Cass M D Hyla - AbeBooks -**

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**ISSUU - Natural Awakenings NYC Sept 2012 by -**

Natural Awakenings NYC Sept 2012 author of 8 Weeks to Vibrant Health: A Take Charge Plan for Women. Kathleen Barnes is a natural health advocate,  
[http://issuu.com/naturalawakeningsnyc/docs/sept\\_2012](http://issuu.com/naturalawakeningsnyc/docs/sept_2012)

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